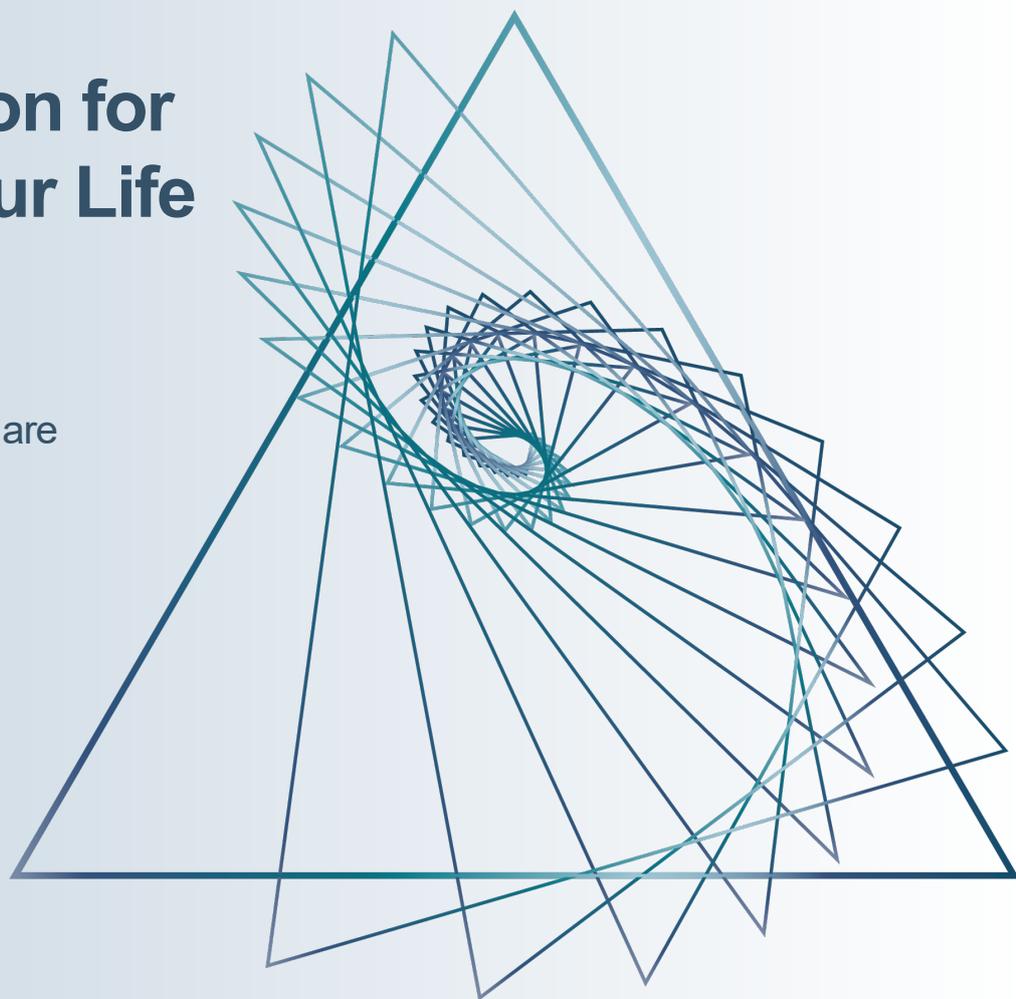


The Foundation for Designing Your Life

2022

Based on fulfillment and
passion that fits where you are
today.



An Intimate 4-Month Virtual Life Design Program

Develop a profound understanding of your innermost concerns and connect with what gives you profound meaning and purpose, thereby learning how to live in greater alignment with who you are, transforming into your most alive, passionate and fulfilled self (professionally and personally)...*today.*

Limited to 10 -12 Participants



JAN SMITH
Founder and President

Brought to you by:



Center for **Authentic Leadership**

Center for Authentic Leadership
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Follow Your Heart. Your Heart Knows What's True.

To have the capacity to "follow your heart," you must discern the Nature of your heart, and be able to listen from the "ear of the heart," as you move into Designing Your Life based on passion and fulfillment

PURPOSE OF THE PROGRAM

To embark into new territory where you can access the Foundation for Designing Your Life with fulfillment & passion, enabling you to:

- Enhance your ability to live in greater alignment with who you want to be and what is most important to you today
- Learn to live from a deeper place of presence, intuition, and values
- Be effective in generating trust and partnership, and dealing with differences between yourself and others
- Live in a centered place regardless of the circumstances

In this program we will dive deeply into the **FOUNDATIONAL ELEMENTS** needed for **Designing Your Life**:

- Cultivating acute self-awareness
- Identifying and applying meaningful learning lessons from mishaps or failures of results
- Discovering what shapes how you see the world (yourself, others and life's happenings)
- Accessing 'present moment awareness' to gain clarity in unwanted situations
- Revealing your own Fixed and Growth Mindsets that interfere or enhance natural authentic connectivity
- Moving from reacting to responding with dignity and curiosity allowing new possibilities to emerge

"The world that we have made as a result of the level of thinking that we have done thus far creates problems that we cannot solve at the same level at which we created them."

-Albert Einstein

THE PROGRAM'S SCHEDULE

via Zoom

Two-Day Initial Session

"Developing Awareness of How We Observe" will be on a Friday and Saturday 10AM-5PM ET / 7AM-2PM PT on a date to be announced.

Followed by:

-14 Weekly 90-Minute Group Coaching Calls (times determined by group)

-Paired Partner Calls to Support Assignments (times determined by partners)

One-Day Final Session

Inventing Structures to Deepen your Ongoing Learning and Completion
Friday 10AM - 5PM ET / 7AM-2PM PT

Tuition: \$6,200

"The range of what we think and do is limited by what we fail to notice. And because we fail to notice that we fail to notice, there is little we can do to change until we notice how failing to notice shapes our thoughts and deeds." -R. D. Laing

Click here to schedule a complimentary 60-minute phone call with Jan Smith to see if this program is a fit for you.

THE FOUNDATION FOR DESIGNING YOUR LIFE



HOW THE PROGRAM'S CONVERSATION WORKS

This is an intimate, developmental community of like-minded people with diverse cultures, professions, and distinctions. It takes a committed learning community with perspectives different than our own to see both our blind spots and how fundamentally alike we all are in living within our own stories.

We can find richness in learning from each other's differences and discover the wisdom that exists within while listening for the unique wisdom in others.

This program is limited to a small group of 10-12 people who are willing to explore new ways of thinking, learning and relating to themselves, to others, to their experiences (powerful and uncomfortable), and to the world.

From time to time, we may also have 1-3 senior clients of the Future Thinking Community who will co-facilitate in order to be trained to lead.

The small group nature of the program will enable you to be fully present in designing your life.

The design of this Ontological Development is not focused on your skills or competence in your various roles as parent, spouse, partner, or in your company (to which you already bring a great deal of competency). This is about learning what you can design your life around, your "work," that is deeply fulfilling.

The Dalai Lama said:

"Let us reflect on what is truly of value in life, what gives meaning, and set our priorities on the basis of that."

A friend of mine, who is a real foodie, said, "It doesn't matter how many opportunities you have to go out to great dinners: what matters is how deeply you get to connect with people you care for."

WHAT WE ARE COMMITTED TO WITH YOU

We are committed to creating an opening together, which prepares you for grounding your being and spirit, powerfully moving you into what it takes to design a life around passion and fulfillment, establishing deep connections with others, and having your voice be fully heard.

This conversation will also produce an opening for you to access your inner teacher, your inner guide, and your inner wisdom. It will enable you to speak from your inner wisdom versus speaking only from your logical "knowing" or snap conclusions.

QUESTIONS FOR THE JOURNEY

- What new opening am I committed to creating, in a particular domain, which is needed in order to authentically design my life as a natural and fulfilling self-expression?
 - Unfolding mutually fulfilling solutions in the face of big differences?
 - Influencing another into their best self with trust and care?
 - Re-designing intimate and family relationships?
- What would I need to let go of?
- What would I shift? (From what to what?)
- What possibilities would I go to work on fulfilling?
- What is most important in my life right now that is calling me to a new *way of being*, or entering into a new domain of expertise in my relationships with myself, with others, or with life's happenings?

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Meet Our Program Facilitator



Jan Smith
Founder and President
Center for Authentic Leadership
www.authenticleadership.com

Jan Smith is the founder of the Center for Authentic Leadership. She has been a supportive guide to over 700 executives and business owners since 1985, as they transformed their lives in profound and lasting ways. She understands what it feels like to be outwardly successful but inwardly unfulfilled. She believes that each of us has an essential and valuable gift that is forged by our unique experiences. One of Jan's essential gifts is her ability to listen deeply beneath the surface and put language to what you really want to create in the world.

Above all, Jan believes that people do not need to be fixed. What would most serve another is someone who has been trained to truly listen in a way that evokes one's own deeper wisdom and sacred gifts.

TESTIMONIALS

"I have taken many developmental courses over my career. It was refreshing to be in new material and something this deep. I could not be happier with what I received from the Foundation for Designing Your Life program. I wish I had found this program earlier in my career as it would have made the people around me and myself much more effective in communication and execution. After taking this program, not only am I more at peace in my place in relationships, but people have noticed my improved skills. The old words 'life is a journey' rings true. This life's journey just got much happier thanks to Jan and her Foundation for Designing Your Life program."
Gary Ludden -COO
Ver-Tex Construction

"I am able to lead with a much more open heart and more compassion, and not take the behaviors and/or tone of voice of someone else so personally. There's always a legitimate desire under their behaviors and speaking that they don't know how to fulfill in genuine partnership... yet. I can have a lot more compassion for them without endorsing their behaviors. I have been able to see that everyone craves acknowledgment for their unique distinctions and their intentions. By listening for those intentions and acknowledging them, I am able to develop deeper relationships with those around me."
Amy Turner -Director of Customer Service
JL Audio

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